

Stressed and Overwhelmed with Covid-19? We now have a CONFIDENTIAL support line to help you! **979-234-5571 (option 1)**

Rice Medical Center-Lighthouse has established a support line to help. We realize that many in our community are becoming overwhelmed with stress, worry, and fear. In an effort to help the community cope and endure these emotionally challenging times, the Lighthouse has a new support line. If you or someone you know is overwhelmed and struggling to cope due to feelings of loneliness, stress, nervousness, or sadness related to the Covid-19 pandemic, you are not alone! Rice Medical Center, Rice Medical Associates, and Lighthouse are here for you. If you wish to talk to one of our support staff, please call **979-234-5571 (option 1)**, our staff are ready and happy to listen.

Please note the following limitations:

- Unable to provide medical or health information we advise you to refer to a healthcare provider, or call 911 in an emergency.
- Unable to provide mental health or counseling. The support line can only address matters related to stress, nervousness, sadness, and significant feelings of loneliness.
- Mental health counseling can be arranged with one of our licensed therapist through telemedicine if needed.
- Hours of Operation Monday -Thursday 9:00 AM to 5:00 PM, Friday 9:00 AM-11:00 AM.

Our lines are open and our staff is ready to support you! We can and will get through these times together. You are not alone, we are here for you!



Contacts:

Vice President of Business Development – Tyara C. Barge tbarge@ricemedicalcenter.net

Director of Behavioral Health Services – Amanda Vail avail1@ricemendicalcenter.net



PRESS RELEASE

Eagle Lake, 26 March 2020

Lighthouse at Rice Medical Center launches a new CONFIDENTIAL support line to help the community cope with Covid-19 stress

Rice Medical Center – Lighthouse has launched a Covid-19 emotional support line to the community. With growing concerns, news, and lifestyle changes brought on by the virus, we realize that many in our community are becoming overwhelmed with stress, worry, and fear. The new support line is our effort to help the community cope and endure these emotionally challenging times.

It's only been a few weeks since the first Covid-19 case reached the state. As the virus spreads, the emotional stress and tensions are becoming unbearable for many. Lighthouse at Rice Medical Center is a Geriatric Behavioral Health Service for seniors struggling with mental or emotional wellness. Lighthouse staff is now accepting calls from anyone struggling to cope with the impact Covid-19.

The support line will only provide support to callers. Those interested in medical or health information are advised to refer to a healthcare provider, or call 911 in an emergency. While mental health and counseling services are available with one of our licensed therapist through telemedicine, the support line is only for those wanting to discuss emotions related to stress, nervousness, sadness, and significant feelings of loneliness. Additionally, it is not a crisis hotline for mental health concerns.

If you or someone you know is overwhelmed and struggling to cope due to feelings of loneliness, stress, nervousness, or sadness related to the Covid-19 pandemic, you are not alone! Rice Medical Center, Rice Medical Associates, and Lighthouse are here for you. If you wish to talk to one of our support staff, please call 979-234-5571 (option 1), our staff is ready and happy to listen.

Support line staff are available Monday-Thursday 9:00AM to 5:00PM, Friday 9:00 AM-11:00AM.

Our lines are open and our staff is ready to support you. We can and will get through these times together. You are not alone, we are here for you.

Contacts:

Vice President of Business Development	Tyara C. Barge	tbarge@ricemedicalcenter.net
Director of Behavioral Health	Amanda Vail	avail1@ricemendicalcenter.net
Website		http://ricemedicalcenter.net/

###